



Let's Rekindle

Dr. Prabhat Kaushik's Model of education

BYTE SIZED MODULES, BIG TIME IMPACT SERIES

EDUCATION BEYOND BOOKS

NON-TECH, NO COST

1. **1 Minute Meditation**
2. **15 Min Talk with Grand Parents**
3. **15 Minutes Guided Meditation with Family**
4. **24 Vs. 6 Hours Education**
5. **3 Minutes to Perfection**
6. **360 Degree Communication**
7. **80% Vs. 20% Rule**
8. **A Therapy with Nature**
9. **Adopting A Tree**
10. **Ambassadors of School**
11. **Anger Management**
12. **Attitude of Gratitude**
13. **Behaviour Management**
14. **Best Out of Waste**
15. **Blessings Twice a Day**
16. **Block Teaching**
17. **Candle Exercise**
18. **Citizenship Awareness**
19. **Collaborative Skills**
20. **Confidently Inspirational**
21. **Connecting All the Dots**
22. **Connecting School and Family Rules**
23. **Creating Orators**





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24. Creativity Enhancement
25. Critical Thinking
26. Cultivating Values in Childhood
27. Current Affairs Bytes
28. Detoxification Is Medicine
29. Developing Endurance
30. Developing Students
31. Each 1 Teach 1
32. Emerging Students
33. End To End Management of Students in School & at Home
34. Entrepreneurship
35. Exercise is Medicine.
36. Fearless & Self Disciplined
37. Finding Low Hanging Fruits
38. Free Look-Ins Periods
39. General Competency
40. Greetings Committees
41. Help A Needy
42. How Expectations Reduce the Joy of Life
43. I Am Manager of Myself
44. I Am Not Football of Others' Opinions
45. I Am the Craftsman of My Life
46. I Can, I Will
47. I Compete with My Yesterday
48. Identify And Nurture Your Aptitude
49. Identifying A Critic and A Mentor
50. Incentivising Daily Routine





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51. **Laughter is Medicine.**
52. **Learning All Around**
53. **Learning Time Management**
54. **Let Me Be Eagle Mom**
55. **Let Me Manage Time Before It Manages Me**
56. **Let Me Nurture Myself**
57. **Lunch With Principal Some Day**
58. **Make Me Responsible**
59. **Manage Self Today to Manage World Later**
60. **Mastering Students**
61. **Me Inspiration**
62. **Media Literacy**
63. **Meditation And Mental Well Being**
64. **Mothers As School Supervisors**
65. **Mothers Support in Doubt Clearance Daily**
66. **My Campus My Home**
67. **My Home My Temple My Parents My Gods**
68. **My Parents, I Support**
69. **My Plan, I Follow**
70. **My School, I Recommend, Why Recommend**
71. **Newspaper Summarisation/Vowel Cutting**
72. **No Cost Creativity**
73. **No Couch Potato**
74. **No Junk Please**
75. **Nurturing Giftedness**
76. **Nurturing Multiple Intelligence**
77. **Officers Like Qualities**
78. **Our Parents, We Train**





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79. Paced Learning
80. Parents – Friends -Teachers
81. Parents Are My Best Friends
82. Parents Assessment & Certification: Rubric
83. Parents Buddy
84. Positivity All Around
85. Principal's Daily Connect (Offline/ Online)
86. Procrastinators Vs Doers
87. Quality Circles (Home/Class/School)
88. Quality Family Time
89. Quitting Junk Food Is Medicine
90. Reading Vs. Notes Writing
91. Regular Potlucks
92. Relationship Management
93. Resource Literacy
94. Same Teacher in School & At Home
95. Self Esteem & Self Respect
96. Sleep Is Medicine.
97. Sound Character
98. Speciality Of the Day
99. Study Buddy
100. Sunlight Is the Best Medicine.
101. Syndicate Working
102. Table Management
103. Take Me Out of Comfort Zones
104. Team Teaching
105. Think Pair & Share
106. Today Is Inevitable. Let Me Win Today





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107. **Traditional Values & Modern Outlook**
108. **Transparent Schooling**
109. **Vegetables And Fruits Are Medicine**
110. **You Can Sell, What You Can Show**
111. **Zero Tuition School**

